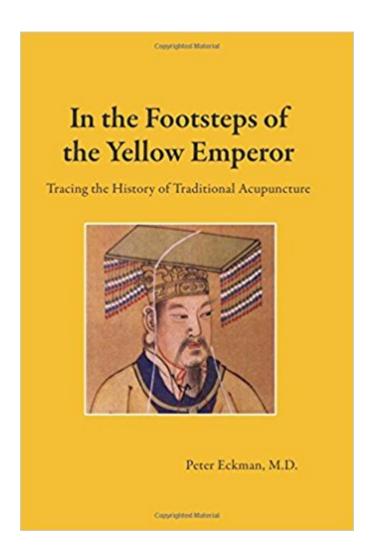


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# In The Footsteps Of The Yellow Emperor: Tracing The History Of Traditional Acupuncture





# **Synopsis**

"In the Footsteps of the Yellow Emperor" is the product of decades of research. It represents one doctor s personal and professional quest to explore the rich healing traditions of the East, and to learn how the transmission of knowledge from teacher to student helped define the course of acupuncture and Traditional Chinese Medicine as we know it today. Absolutely essential reading for all TCM students and practitioners. This wonderfully readable and accessible book is particularly important because it helps our standards-driven culture understand a medicine based on lineage. Robert M. Duggan, Meridians [Eckman] traces acupuncture through Chinese antiquity with a very readable clarity absent in other scholarly accounts of the same material. This story blossoms in the 20th century convergence of acupuncture traditions in Europe, and stands as the only articulate comprehensive account of this migration. J. Helms, American Academy of Medical Acupuncture Review [A] product of monumental research into the tale of how acupuncture has been transmitted from East to West.... Alan Hext, European Journal of Oriental Medicine

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Peter Eckman, MD, PhD (New York University), MAc (College of Traditional Acupuncture, Leamington Spa, England) is editor of "The Essential Book of Traditional Chinese Medicine" and co-author of "Closing the Circle: Lectures on the Unity of Traditional Oriental Medicine." He has a medical practice is San Francisco.

#### Very interesting

The most thorough and interesting book I have read on the history and development of this awesome medicine

This is an excellent book that reads like a history book and a mystery novel all in one. Peter Eckman describes as accurately as possible, all of the people that influenced the work of JR Worsley and the development of Leamington Accupucture. This is a must have book for anyone interested in five element acupuncture in the Worsley tradition.

Dr. Eckman's book is an invaluable examination of the roots and development of acupuncture, both conceptually and historically, within Asia and in its movement to the West. Fascinating, insightful, and clearly written, "In the Footsteps of the Yellow Emperor" is a must-read for students and practitioners of Traditional Asian Medicine.

Haven't yet got into it, but I like the writing so far. I don't read like I used to - too many distractions. I still read two newspapersfrom end to end and many weekly magazines, TV, and, of course, the computer all take up my time. I get acupuncture treatments for my bad shoulders and back so I hope to learn more about the method.

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